LIVE RESPONSIBLY
What students should know about sexual misconduct and substance abuse
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<th><strong>SMU PHONE NUMBERS</strong></th>
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<td><strong>In case of health or safety emergency</strong></td>
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<td>SMU Police (available 24/7)</td>
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<td>SMU Police Silent Witness Program</td>
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<td>Center for Alcohol and Drug Abuse Prevention</td>
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<td>(confidential counseling)</td>
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<td>Chaplain’s Office (confidential counseling)</td>
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<td>Counseling and Psychiatric Services</td>
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<td>Dean of Student Life</td>
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<td>Residence Life and Student Housing</td>
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<td>Title IX Coordinator in the Office of Institutional Access and Equity</td>
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<td>Women &amp; LGBT Center</td>
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<th><strong>COMMUNITY PHONE NUMBERS</strong></th>
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<tr>
<td>Dallas Area Rape Crisis Center</td>
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<td>(confidential 24-hour hotline)</td>
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<tr>
<td>Sexual Assault Nurse Examiner (SANE) Program at Texas Health Presbyterian Hospital Dallas</td>
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<td>Alcoholics Anonymous</td>
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Dear Student:

Each of us plays an important role at SMU in creating a healthy learning and living environment. To “Live Responsibly” means to uphold the standards of behavior outlined in the SMU Student Code of Conduct and to treat one another with care and respect. It is a commitment to value all members of our community, including those whose race, nationality, sexual orientation, gender identity, religion or culture may differ from your own.

This brochure contains important information about University policies, procedures and resources that can help you Live Responsibly in our community. It specifically focuses on sexual misconduct and alcohol and drug abuse, which are serious issues at universities and colleges nationwide.

I urge you to read this information and to discuss it with your resident assistants, fellow students and the campus resources highlighted in these pages. I also encourage you to attend information sessions and training programs on these issues, including those organized by the SMU Center for Alcohol and Drug Abuse Prevention, Women & LGBT Center, Counseling and Psychiatric Services, and Office of Institutional Access and Equity.

SMU has a permanent President’s Commission on Substance Abuse Prevention, made up of mental health experts, student life administrators, faculty and students, which meets regularly to assess the University’s efforts. The Live Responsibly website, smu.edu/LiveResponsibly, has information about the commission’s work, as well as campus services, including assessments and support for students in recovery.

In addition, in 2012 I appointed a task force to examine University policies and procedures related to sexual misconduct. The SMU community has implemented many of the task force’s recommendations for revised and new initiatives, including increased education, communication and training. It is critical that anyone in our community who experiences sexual assault contact police and seek medical care immediately. This brochure and the Live Responsibly website contain information about campus and community resources that are here to help.

I ask you to be informed about this serious issue and know that sexual misconduct will not be tolerated in our community. I also urge you to commit yourself to behavior that protects your own and others’ health and safety.

Thank you for your commitment to Live Responsibly at SMU.
SMU VALUES STATEMENT

“I, as a citizen of the SMU Community, commit myself to upholding the values of intellectual integrity, academic honesty, personal responsibility and sincere regard and respect for all SMU students, faculty and staff.”

*Adopted by SMU Student Senate in Fall 2013*
# Sexual Misconduct Policies, Prevention And Resources

- SMU policy, the law and sexual assault
- Getting help in case of sexual assault
- Reporting sexual assault
- Reporting and confidentiality
- Options under state and federal law
- Title IX at SMU
- Education and prevention
- Protecting self and others
- Live Responsibly

# Alcohol And Substance Use Policies, Prevention And Resources

- SMU Center for Alcohol and Drug Abuse Prevention
- Risks of alcohol and substance use
- SMU policies on alcohol and substance use
- SMU Call for Help program
- Campus and community resources
SEXUAL MISCONDUCT POLICIES, PREVENTION AND RESOURCES

Sexual misconduct is a violation of SMU policy and of Title IX of the Education Amendments of 1972, the federal law that prohibits discrimination based on sex. Sexual misconduct encompasses all forms of sexual harassment, including sexual violence and sexual assault, and it will not be tolerated in our University community. In the event that a student experiences sexual misconduct, SMU has resources in place to provide support, including law enforcement officials, a Title IX Coordinator and confidential counselors trained in sexual misconduct issues. These resources are described in more detail on the following pages.

Sexual misconduct is a serious issue at universities and colleges across the country. SMU supports national efforts to eradicate sexual misconduct, including those of the White House task force. The University takes seriously its obligations under Title IX, which requires universities and colleges to investigate allegations of sexual misconduct and to provide internal grievance procedures. SMU is committed to providing prompt and effective resolution of complaints and to holding violators accountable, while treating all students fairly.

In fall 2012, President R. Gerald Turner appointed a task force to examine SMU policies and procedures related to sexual misconduct in comparison with benchmark practices. The SMU community has implemented many of the task force’s recommendations for revised and new initiatives, including increased education, communication and training. New programs include an online course for incoming students, a bystander intervention program, a student-led awareness campaign and increased training for faculty and staff.

SMU is committed to policies and procedures that support students’ well-being and foster a healthy learning environment based on respect and responsible behavior. All students are urged to live responsibly and to join the SMU community’s efforts to raise awareness of and prevent sexual misconduct.

Learn more on SMU’s Health and Safety website, smu.edu/LiveResponsibly.
SMU POLICY, THE LAW AND SEXUAL ASSAULT

SMU’s Title IX (Sexual Misconduct) policy strictly prohibits sexual misconduct. The policy is available online at smu.edu/IAE/PoliciesandProcedures. Students found responsible for sexual misconduct face disciplinary sanctions up to and including expulsion from the University.

Sexual misconduct encompasses all forms of sexual harassment prohibited by SMU and the federal law Title IX. Sexual harassment includes unwelcome sexual advances, requests for sexual favors and other verbal or physical conduct of a sexual nature that has the effect of creating an intimidating, hostile or offensive working or academic environment.

Sexual harassment also includes sexual assault and other acts of sexual violence, which Title IX and SMU define as a physical sexual act perpetrated against a person’s will or where a person is incapable of giving consent due to the victim’s use of drugs or alcohol. An individual also may be unable to give consent due to an intellectual or other disability.

Consent means voluntary, clear, continuous, mutually understandable permission, given by words or actions, regarding one’s willingness to engage in sexual activity.

Past consent does not imply future consent. Silence or an absence of resistance does not imply consent. A person who is asleep or unconscious cannot give consent. Consent to engage in sexual activity with one person does not imply consent to engage in sexual activity with another person. Consent can be withdrawn at any time. The use of coercion, force or the threat of either invalidates consent.

In addition to violating SMU policy and federal law, sexual assault is a crime punishable under Texas law by imprisonment from two to 20 years plus a fine up to $10,000. A person convicted of sexual assault must register as a sex offender for the remainder of his or her life.

SMU is committed to maintaining a campus where sexual assault does not occur. However, studies have shown that sexual assault is an underreported crime nationwide and that sexual assaults reported on college campuses often involve students who know one another. SMU, therefore, seeks to provide a supportive environment for students to come forward to report any violations and to obtain help.

Students who experience sexual assault are urged to seek medical attention immediately and to alert law enforcement officials. Students can choose to pursue criminal charges, an internal grievance process under SMU’s Title IX (Sexual Misconduct) policy or both of these processes.
Much of the information on the following pages focuses on resources and complaint options available in cases of sexual assault. Please note, however, that the resources are available in all cases of sexual misconduct, including sexual harassment. Contact SMU’s Title IX Coordinator in the Office of Institutional Access and Equity for more information; 214-768-3601 or smu.edu/iae.

**GETTING HELP IN CASE OF SEXUAL ASSAULT**

It is critical that any student who has experienced sexual assault seek medical attention immediately. Students also are urged to report sexual assault to police as soon as it is safe to do so; please see the following section, “Reporting Sexual Assault.”

At Texas Health Presbyterian Hospital Dallas, a certified Sexual Assault Nurse Examiner (SANE) will provide care and a sexual assault exam; 214-345-6203 or texashealth.org/dallassane.

- SMU Police officers who are trained in sexual misconduct issues are available to transport and accompany students to the hospital; call 214-768-3333. A student who is transported to the SANE program by SMU Police can choose whether to file a police report, but is not required to do so.
- A representative of SMU Counseling and Psychiatric Services who specializes in sexual misconduct issues also can accompany students to the hospital; call 214-768-4795. An emergency contact number is provided at all hours.

As part of the exam, the nurse examiner gathers forensic evidence that can aid in prosecution. Evidence should be preserved before the exam. Students should not bathe, shower, or douche; they should not eat, drink, or use toothpaste or mouthwash. They also should not wash clothing, bed sheets, pillows or other potential evidence.

SMU’s Coordinator of Psychological Services for Women and Gender Issues provides confidential counseling and assistance from counselors who specialize in sexual misconduct issues; 214-768-4795. An emergency contact number is provided at all hours. The Dallas Area Rape Crisis Center is a community resource that provides confidential counseling and a 24-hour hotline; 972-641-7273 or www.dallasrapecrisis.org.

SMU also can assist students by providing no contact orders, letters to professors requesting leniency, escort and transportation services, classroom and housing accommodations, assistance filing protective orders through the district attorney’s office and assistance contacting local law enforcement if the sexual assault occurred off campus.

For assistance or more information, please contact SMU’s Title IX Coordinator, 214-768-3601 or email accessequity@smu.edu.
REPORTING SEXUAL ASSAULT

SMU urges anyone who has experienced sexual assault to alert police as soon as it is safe to do so.

In the case of sexual assault on campus, SMU Police can be reached at 911 from a campus phone; at 214-768-3333 from a cell phone; or by picking up a blue-light phone on campus at any time of day or night.

In the case of sexual assault off campus, students should call 911 to reach police in that jurisdiction or call 214-768-3333 to reach SMU Police, who can connect callers with police in the appropriate jurisdiction.

Reporting an incident does not automatically lead to criminal charges being filed or criminal prosecution. However, when a student immediately reports an incident, police are better able to collect evidence that may be helpful in building a criminal case, even if the student decides to wait until a later date to file criminal charges. In addition, a student will have input about his or her case after talking with police.

SMU is committed to responding to sexual assault reports in a timely manner. When a case of on-campus sexual assault is reported to SMU Police, police officials conduct an immediate investigation, which may include gathering evidence and witness statements and obtaining search and arrest warrants.

If it is determined that the alleged perpetrator may pose a continuing threat, SMU issues a crime alert by campus email. Crime alerts contain information about how to obtain help if a violation occurs, as well as personal security tips.

SMU Police also notify the appropriate external law enforcement agency that sexual assault has been reported and is under investigation.

Students who report sexual assault have the right to decide to pursue a criminal process, an SMU grievance process or both processes. Learn more about these options in the following section, “Options Under State Law and Federal Mandates.”

Anonymous reporting

Those who wish to anonymously report information may call the SMU Police Silent Witness Program at 214-768-2TIP (2847) or submit a report online at smu.edu/pd through the Silent Witness Form. Anonymous reports also may be emailed to accessequity@smu.edu or mailed to the Title IX Coordinator, P.O. Box 750200, Dallas, TX 75275-0200.

Retaliation prohibited

SMU prohibits threats or acts of retaliation against students who are involved in a report of sexual misconduct or assisting with an investigation. Students who engage in retaliation or harassment by any means – including in person, through others or on social media – will be subject to disciplinary action. Students who observe retaliation or who are threatened in any way should promptly notify the Office of the Dean of Student Life, 214-768-4564, or the SMU Title IX Coordinator, 214-768-3601.
Reporting and confidentiality

In addition to SMU Police, students may choose to report sexual assault to the confidential resources or other campus officials listed below. These campus resources are available to all students, including students who have been accused of sexual assault, witnesses in sexual assault cases and friends of students involved in these cases.

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<tr>
<th>CONFIDENTIAL CAMPUS RESOURCES</th>
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<tr>
<td>The following resources must honor confidentiality, except under very limited circumstances such as an imminent threat of danger to self or others.</td>
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<tr>
<td>SMU Office of Psychological Services for Women and Gender Issues</td>
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<th>CONFIDENTIAL COMMUNITY RESOURCE</th>
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<th>OTHER CAMPUS RESOURCES</th>
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<tr>
<td>To the extent possible, the following campus officials will protect the privacy and confidentiality of all parties involved in a report of sexual assault, but are required to report sexual assaults to SMU’s Title IX Coordinator for follow-up.</td>
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<tr>
<td>The following officials are some of the persons at SMU who are required by the federal Crime Awareness and Campus Security Act of 1990, as amended, to notify SMU Police that sexual misconduct has been reported, but they are not required to provide the name of the person reporting the misconduct.</td>
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<tr>
<td>SMU Police (criminal reporting)</td>
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<tr>
<td>SMU Title IX Coordinator (internal grievance reporting)</td>
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<tr>
<td>Office of the Dean of Student Life</td>
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<td>Women &amp; LGBT Center</td>
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<td>Residence Life and Student Housing</td>
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OPTIONS UNDER STATE LAW AND FEDERAL MANDATES

Students who report sexual assault have the right to decide to pursue a criminal process, an SMU internal grievance process or both processes. Students also may choose not to file a grievance or pursue criminal charges. The internal grievance process does not delay the criminal process; the processes proceed independently of each other.

The criminal process: A student may decide immediately or at a later date to pursue criminal charges and prosecution in a Texas criminal court. If a student decides to pursue criminal charges, the district attorney’s office in the appropriate jurisdiction determines whether to present the case to a grand jury to obtain an indictment and proceed with a trial, after SMU Police have presented the findings of their investigation.

SMU Police are available to counsel and accompany students through this process; call 214-768-3333.

The internal grievance process: A student who reports sexual assault may file a complaint under the University’s Title IX (Sexual Misconduct) policy. The internal grievance process includes an investigation of the allegations, sanctions and an appeal process.

Students reporting sexual assault are encouraged to share as much information as they are comfortable sharing. Limited information provided to SMU officials may impede the actions the University is able to take in investigating an incident.

Pending the outcome of the grievance process and to protect the safety of the SMU community, the University may impose temporary interim measures, such as no contact orders, campus restrictions and temporary suspension.

Students involved in a sexual misconduct case may qualify to receive amnesty for other violations of the Student Code of Conduct, such as alcohol violations, as outlined in the Conduct Review Process. The investigation will focus primarily upon the allegations of sexual misconduct.

For more information, contact the Title IX Coordinator, 214-768-3601 or email accessequity@smu.edu.
As defined by the U.S. Department of Education’s Office for Civil Rights, Title IX of the Education Amendments of 1972 protects people from discrimination based on sex in education programs or activities that receive federal financial assistance, including SMU.

Title IX prohibits all forms of sexual harassment, including sexual assault and other acts of sexual violence. Title IX requires universities to investigate reports of sexual harassment and to provide internal grievance procedures. These procedures offer students reporting sexual assault an avenue for holding violators accountable for their actions, in addition to the criminal process.

Title IX also requires the University to appoint a Title IX Coordinator. SMU’s Title IX Coordinator resides in the Office of Institutional Access and Equity, which develops and manages University policies, procedures and programs of equal opportunity, diversity and affirmative action. The office serves SMU students, employees, applicants and visitors. SMU’s prohibition against discrimination, including on the basis of sex, includes any employment practice, education program or educational activity.

SMU’s Title IX Coordinator and Deputy Coordinators are available to assist students who have questions or concerns regarding sexual misconduct or who wish to file an internal complaint under the University’s Title IX (Sexual Misconduct) policy. The Coordinator and Deputies also can provide students with information about SMU and community resources. Please feel free to contact one of the following SMU employees for assistance:

**SMU Title IX Coordinator**
- Samantha Thomas, Office of Institutional Access and Equity, 214-768-3601 or email thomassa@smu.edu

**SMU Deputy Title IX Coordinators**
- Denise Gauthier, Office of Institutional Access and Equity, 214-768-3601 or email dgauthier@smu.edu
- Carolyn Hernandez, Office of Institutional Access and Equity, 214-768-3601 or email hernandez@smu.edu
- Marci Armstrong, Cox School of Business, 214-768-4486 or email marci@cox.smu.edu
- Martin L. Camp, Dedman School of Law, 214-768-4178 or email mlcamp@smu.edu
- Monique Holland, Department of Athletics, 214-768-1650 or email hollandm@smu.edu
- Creston Lynch, Student Affairs, 214-768-4434 or email cclynch@smu.edu
- Anne Weil, SMU-in-Taos, 972-415-6431 or email weil@smu.edu

Learn more about Title IX and read SMU’s Title IX (Sexual Misconduct) policy at smu.edu/IAE.
SEXUAL MISCONDUCT EDUCATION AND PREVENTION

SMU’s educational and prevention programs on sexual misconduct are coordinated and provided by the Office of Psychological Services for Women and Gender Issues (214-768-4795), the Assistant Director for Health Education (214-768-2393) and the Women & LGBT Center (214-768-4792).

- Education for incoming students includes a required online course, called “Campus Clarity: Think About It,” as well as an informational program during the first week of the fall term. Wellness courses, which are required for all students, provide information on respectful relationships and sexual misconduct prevention, policies and procedures.
- Campus-wide programs include Take Back the Night in October, a march and candlelight vigil; Sexual Assault Awareness Week in April; and programs with the Dallas Area Rape Crisis Center.
- Programs also are available to individual classes, residence halls and Greek organizations upon request from the Women & LGBT Center.

Campus security

SMU Police patrol campus 24 hours a day, seven days a week, and coordinate off-campus patrols with neighboring agencies. Emergency blue-light phones across campus connect directly to SMU Police.

SMU Police provide crime prevention education to student groups, and are available to provide talks upon request; 214-768-3333.

SMU urges students not to walk alone after dark. Giddy-Up offers free rides on campus from 7 p.m. to 3 a.m. daily; 214-768-1111. SMU Police can provide campus rides when Giddy-Up is not available. SMU Rides provides rides 24 hours a day when classes are in session; the full cost of the ride is charged to the student’s SMU account; 214-768-7433.

Crime reports

SMU issues crime alerts by campus email if it is determined that an alleged perpetrator may pose a continuing threat. Crime alerts are posted online at smu.edu/pd/alerts.asp.

Information about crimes may be reported anonymously through the SMU Police Silent Witness Program by calling 214-SMU-2TIP or online at smu.edu/pd/Silent_witness.asp.

SMU’s Annual Security and Fire Safety Report, posted online at smu.edu/cleryreport, includes reported crimes for the previous three years.
TIPS TO PROTECT YOURSELF AND OTHERS FROM SEXUAL ASSAULT

If you see something, say something. Report suspicious people or activities, such as a person you don’t recognize following students into a residence hall. Call SMU Police or report anonymously at 214-SMU-2TIP.

Be aware. When you are first getting to know someone, exercise caution and make sure others know where you are.

Support others. If you see someone who is receiving unwanted physical attention, intervene with the help of friends or call 911. When you’re out with friends, don’t leave anyone behind; check that everyone returns home safely.

Be responsible with alcohol. Drink in moderation or not at all. Risk increases significantly when judgment is impaired.

Call for Help. If you or a friend is in danger due to drinking or drug use, call 911 immediately. Students who seek medical help for themselves or others normally will be exempt from discipline for alcohol and drug violations under SMU’s Medical Amnesty and Good Samaritan policies. Learn more in this brochure and online at smu.edu/LiveResponsibly.

Watch your drink. Never drink from an open container that has been out of your possession for any length of time. If you think you or others with you may have been drugged, seek medical attention immediately and call police.

Don’t walk alone after dark. Call for a security escort.

▪ Giddy-Up offers free rides on campus from 7 p.m. to 3 a.m. daily; 214-768-1111.
▪ SMU Police provide campus rides when Giddy-Up is not available; 214-768-3333.
▪ SMU Rides provides rides 24 hours a day when classes are in session; a student must provide his or her SMU ID, and the full cost of the ride will be charged to the student’s SMU account; 214-768-7433.

Be a friend. If a friend tells you that she or he has been sexually assaulted, listen and encourage your friend to speak with a professional, such as a confidential counselor at SMU Counseling and Psychiatric Services; 214-768-2277. Remember that sexual assault can happen to anyone.

Live Responsibly

Don’t take advantage of others. SMU’s Title IX (Sexual Misconduct) policy and the federal law Title IX prohibit sexual violence, including sexual assault. Sexual assault also is a crime punishable by imprisonment from two to 20 years plus a fine up to $10,000. Sexual assault will not be tolerated at SMU.

Respect others’ limits. Both parties should communicate their expectations on physical contact to ensure consent at each step. “No” means “No, ” and when uncertain, “No” is always the default answer. Recognize that a person
has the right to change his or her mind, and don’t use force, coercion or threats.

**Alcohol use is no excuse.** Intoxication is not an excuse for failure to obtain consent.

**Get involved.** Learn more about sexual assault and speak out against attitudes that support it. The Women & LGBT Center (214-768-4792) and the Assistant Director for Health Education (214-768-2393) can connect you with students, faculty and staff who are taking action against sexual assault.

**Learn more at smu.edu/LiveResponsibly.**
The University enforces state law and prohibits the possession and consumption of alcohol by those younger than 21 as well as the use, sale, possession or manufacturing of any controlled substance.

When this policy is violated, SMU will impose sanctions including but not limited to parent notification, a fine, a referral to the SMU Center for Alcohol and Drug Abuse Prevention, educational sanctions and a status sanction that may or may not affect the student’s standing with the University. Sanctions for drug use can include suspension or expulsion from the University.

Alcohol and substance abuse is a serious issue at colleges and universities throughout the country. For many years, SMU has had in place programs, policies and resources aimed at substance abuse education and prevention. SMU seeks to help students who may be struggling with substance abuse issues and offers resources including counseling, assessments and support for students in recovery. These resources are described in more detail on the following pages.

SMU has a permanent President’s Commission on Substance Abuse Prevention, made up of mental health experts, student life administrators, faculty and students, that meets regularly to assess the University’s efforts and outcomes. The Commission’s initiatives address health and medical services, enforcement, academic life, social life, partnerships with parents and communications with the University community.

SMU is committed to providing students with an educational environment in which healthy lifestyle choices can be made. Every SMU community member has a role in supporting this environment.

Learn more on SMU’s Health and Safety website, smu.edu/LiveResponsibly.

SMU CENTER FOR ALCOHOL AND DRUG ABUSE PREVENTION

SMU has an established, dedicated department, the Center for Alcohol and Drug Abuse Prevention, to address substance abuse issues. The center has licensed, full-time counselors and a health educator available to SMU students, their families and the campus community. The center provides confidential services and resources for issues related to alcohol and drug abuse. It promotes activities and programs with student support to educate the campus community about alcohol and drug abuse prevention.

Call 214-768-4021 or learn more at smu.edu/healthcenter/alcoholeducation. Services include:

Education and campus awareness

- Orientation programs to incoming students and their parents during July and August.
▪ “Campus Clarity: Think About It,” an online, science-based education program, required for all new students.
▪ Wellness Choices I courses, required for all first-year students, addressing alcohol and drug abuse prevention each semester.
▪ “TIPS” (Training for Intervention Procedures) for Student Affairs staff, Greek leadership and all students to assist students in preventing alcohol misuse.
▪ Mustangs Who Care, a student-led group focused on holistic health, including preventing alcohol poisoning and overdoses.

Assessment and intervention
▪ Coordination with family, friends, faculty and staff to reach out to students in distress and provide them with help.
▪ Online and in-class educational and screening programs.

Counseling, referrals and support
▪ Confidential counseling, with referrals for outside support and treatment when necessary.
▪ Self-help groups on campus and in the community, including Alcoholics Anonymous and twelve-step programs for the student-age group and a student-only recovery group.
▪ Support for recovering students, relapse prevention and assistance with re-entry to college after treatment.

RISKS OF ALCOHOL AND SUBSTANCE USE
Data published by the National Institute on Alcoholism and Alcohol Abuse illustrate the extent and impact of alcohol abuse on college campuses.
▪ Death: 1,825 college students between the ages of 18 and 24 die each year from alcohol-related unintentional injuries, including motor vehicle crashes.
▪ Injury: 599,000 students between the ages of 18 and 24 are unintentionally injured under the influence of alcohol.
▪ Assault: More than 696,000 students between the ages of 18 and 24 are assaulted by another student who has been drinking.
▪ Sexual abuse: More than 97,000 students between the ages of 18 and 24 are victims of alcohol-related sexual assault.
▪ Unsafe sex: 400,000 students between the ages of 18 and 24 have unprotected sex, and more than 100,000 students in this age group report having been too intoxicated to know whether they gave consent to have sex.
▪ Academic problems: About 25 percent of college students report academic consequences of their drinking, including missing class, falling behind, doing poorly on exams or papers, and receiving lower grades overall.
▪ Health problems or suicide attempts: More than 150,000 students develop an alcohol-related health problem, and between 1.2 percent and 1.5 percent
indicate that they tried to commit suicide within the past year due to drinking or drug use.

It is important to remember that these consequences may affect students whether or not they drink.

Drugs reported on college campuses
In addition to engaging in high-risk drinking, some college students report using illicit drugs. According to the 2013 CORE Alcohol and Drug Survey, 31.1 percent of college students nationwide reported marijuana use in the last year, 4.1 percent reported cocaine use, and 3.7 percent reported using sedatives.

What are alcohol and substance use risk factors?
▪ Family history of alcohol or drug dependency
▪ An initial high tolerance: minimal effects are felt at the onset of alcohol use
▪ An acquired high tolerance: due to repeated exposure, more alcohol is needed to achieve the same effect
▪ High-risk drinking behaviors: drinking to get drunk, any drinking that causes tolerance to increase, drinking games and contests, doing shots of alcohol
▪ Heavy episodic drinking
▪ Use of drugs that are illegal or not prescribed to the student

What are the signs and symptoms of substance abuse?
Depending on the type of substance being used, a person may exhibit one or more of the following behaviors:
▪ Loss of inhibition, poor judgment, slow reactions, loss of coordination
▪ Sudden changes in attitude, work, or behavior
▪ Sudden deterioration of friendships
▪ “Explosive” arguments over small matters
▪ Frequent hangover symptoms
▪ Secretive behaviors, paranoia
▪ Erratic behavior, forgetfulness, indecision, mood swings
▪ Deterioration in personal appearance, poor hygiene
▪ Hyperactivity, easy excitability, restlessness
▪ Financial problems, frequent borrowing of money
▪ Stealing or lying
▪ Changes in sleep patterns
▪ Deteriorating work quality, missed deadlines, missed class, falling grades
▪ Easily fatigued or constantly tired
▪ Physical changes like blood spots or bruises on skin, bloodshot or watery eyes, runny or irritated nose, persistent cough, sore throat
▪ Changes in weight
▪ Changes in speech – slurred, faster or slower
▪ Tremors or jitters
▪ Constricted or dilated pupils
▪ Unusual odors (odor of marijuana, solvents, etc.)

The presence of one or more of these behavioral cues does not necessarily mean that someone is using or abusing substances, but these cues usually indicate that something is wrong. If these behaviors are observed in someone, talk to them and offer to connect them to campus resources if there are issues that need professional attention.

What is considered low-risk or high-risk behavior?

Low-risk behavior is:
▪ Thinking about whether you will drink before the party
▪ Drinking alcoholic beverages only if you are 21 or older
▪ Eating a meal before drinking
▪ Abstaining is the lowest-risk choice
▪ Drinking no more than one drink per hour; no more than 3 drinks per day
▪ Always knowing what you are drinking
▪ Alternating alcohol-free drinks throughout the evening
▪ Knowing how you will get home safely before you go out

High-risk behavior is:
▪ Chugging, drinking games, shots (drinking anything out of a punch bowl, trough, hose, or funnel)
▪ Drinking to get drunk (intoxicated)
▪ Driving after drinking or riding with someone under the influence
▪ Drinking alcoholic beverages if you are younger than 21
▪ Drinking too much or too fast or on an empty stomach
▪ Not knowing what is in your glass or leaving it unattended
▪ Mixing alcohol with any medications or illegal drugs
▪ Going to parties where people drink too much

What are other risks of substance abuse?

Substance abuse can present immediate health risks such as alcohol poisoning and death from overdose. Substance abuse also presents immediate safety risks that are not so obvious.
▪ A decrease in the ability to make safe and healthy decisions
▪ The increase in violence associated with alcohol and other drugs
▪ The increased likelihood of sexual assault
SMU POLICIES ON ALCOHOL AND SUBSTANCE USE

The University enforces state law and prohibits the possession and consumption of alcohol by those younger than 21 as well as the use, sale, possession or manufacturing of any controlled substance. The SMU Student Code of Conduct applies to conduct that occurs both on and off campus. A complete copy of the SMU Student Handbook can be found on the SMU Student Life website, smu.edu/studentlife/studenthandbook.

Information about the University alcohol and/or drug use policies for students living in on-campus housing (residence halls and apartments) is on the SMU Residence Life and Student Housing website, smu.edu/housing.

When the Office of Student Conduct and Community Standards is made aware of a potential violation of the Student Code of Conduct, whether on or off campus, the office will contact the student and schedule a hearing with a conduct officer. During the hearing, the student will have the opportunity to discuss the alleged violation.

If it is determined that the student is responsible for the violation, the appropriate sanctions will be assigned. Sanctions for alcohol or drug violations may include but are not limited to: parent notification, a fine, a referral to the Center for Alcohol and Drug Abuse Prevention, educational sanctions and a status sanction that may or may not affect the student’s standing with the University. The Office of Student Conduct and Community Standards is available to answer questions at 214-768-4563.

Notification of Parents

SMU looks to parents as partners in the fight against the increasing use and abuse of alcohol and other drugs. Except in unusual circumstances, parents and families are informed by the Office of Student Conduct and Community Standards of issues involving their students as follows:

- If a student is found responsible for a violation of the alcohol or drug policies.
- In emergency situations, such as a student hospitalization for a serious health matter, the Office of the Dean of Student Life may call parents. Students should maintain current contact information on file with the Registrar’s Office and in my.SMU so parents can be contacted, if necessary.

While it is legal in the State of Texas for minors to consume alcohol in the presence of their parents, legal guardian or of-age spouse, should a student choose to do so, they must remain in the physical presence of their parents, guardian or of-age spouse the entire time they possess or consume the alcohol. Minor students with a detectable amount of alcohol in their systems, outside of the visible presence of their parents, guardian or spouse, may be cited for a violation of the law and/or the SMU Student Code of Conduct. While it is illegal for adults over 21 to drive while intoxicated, it is illegal for a minor to
drive while having ANY detectable amount of alcohol in the minor’s system. Also note that SMU restricts where alcohol may be consumed on campus.

Violations of the Student Code of Conduct are documented in conduct files that are maintained in the Office of the Dean of Student Life. The information in these files is subject to the Family Educational Rights and Privacy Act of 1974, as amended.

If paying the fine is not feasible, students may complete adjudicated service hours on campus in lieu of paying the fine. Arrangements for this can be made through the Office of Student Conduct and Community Standards.

**Additional Legal Ramifications**

In addition to violating the Student Code of Conduct, a student’s behavior may also be a violation of the law. In these cases, action by law enforcement authorities may also occur. Students therefore may be adjudicated through the Office of the Dean of Student Life as well as through the court system.

**Alcohol:** Minors convicted in the criminal court system of possession or consumption of alcoholic beverages may be subject to fines, suspension of driver’s license, community service and a mandatory alcohol education class. Convictions for providing alcohol to minors may subject individuals to fines up to $4,000 and a jail term of up to one year. Convictions for driving while intoxicated may subject individuals to fines totaling as much as $2,000 and a jail term of up to six months for a first offense. Fines and jail terms escalate after the first conviction.

**Controlled Substance (Drugs):** Sanctions upon conviction in the criminal court system for possession, distribution, or manufacture of controlled substances range from fines to probation to imprisonment. Amount of fines, terms of probation, or years of imprisonment generally are contingent upon the circumstances and amounts of drugs in possession, sale, distribution, or manufacture.

**Fictitious License or Certificate:** Students under the age of 21 may not possess documentation which represents them as being 21 years of age or older. Texas law states, “A person under the age of 21 years commits an offense if the person possesses, with the intent to represent that the person is 21 years of age or older, a document that is deceptively similar to a driver’s license or a personal identification certificate unless the document displays the statement ‘NOT A GOVERNMENT DOCUMENT’ diagonally printed clearly and indelibly on both the front and back of the document in solid red capital letters at least one-fourth inch in height.” This type of offense is a Class C misdemeanor.
THE SMU CALL FOR HELP PROGRAM

Good Samaritan Policy/Medical Amnesty Policy

Student welfare is a primary concern at SMU. Everyone is responsible for creating a healthy community that cares for one another. One demonstration of caring involves seeking medical assistance for fellow students when lives may be in danger due to alcohol and/or drug intoxication. To seek medical assistance, please call 911.

Students who seek medical assistance for themselves (Medical Amnesty) or another person (Good Samaritan) due to intoxication of alcohol and/or drugs will not normally be subject to the SMU conduct review process, except when it has been determined that another violation of university policy has occurred (for example: destruction of university property; fire safety violation; physical harm to another person, etc.).

Any exemption from the SMU conduct review process that is granted under this policy may only apply to disciplinary action and/or sanctions under the SMU alcohol and/or drug policies in the SMU Student Code of Conduct – smu.edu/studentlife/studenthandbook – and therefore does not prevent the SMU Police or another police agency from detaining a student, issuing a citation or making an arrest if they deem that action necessary.

In order for this policy to apply, the student must meet with their assigned Conduct Officer, complete an application and once referred complete any and all recommendations made by an alcohol and drug counselor in the SMU Center for Alcohol and Drug Abuse Prevention. (These recommendations will include at minimum an individual appointment with a counselor and a follow-up appointment.)

While this policy applies to individual students, if an organization has been found in violation of the University’s alcohol and/or drug policies, then the organization’s willingness to seek medical assistance for a guest may be viewed as a mitigating factor if or when sanctions are issued.

CAMPUS AND COMMUNITY RESOURCES

- SMU’s Center for Alcohol and Drug Abuse Prevention provides students with confidential help when confronted with alcohol or drug abuse or addiction issues. Assessments, interventions, referrals and short-term counseling as well as ongoing support for recovering students are also available. 214-768-4021; smu.edu/StudentAffairs/HealthCenter/AlcoholDrugPrevention
- The Office of the Dean of Student Life takes an active role in supporting student success. 214-768-4564; smu.edu/studentlife
- The Office of Student Conduct and Community Standards provides a fair conduct review process that issues consistent sanctions for behavior that is incongruent with the University’s expectations for students. The office addresses academic and non-academic behavior. 214-768-4563; smu.edu/StudentAffairs/StudentLife/StudentConduct
Recovery and support

- A weekly on-campus meeting is open to SMU students in recovery or struggling with a substance abuse or related issue. 214-768-4021; smu.edu/StudentAffairs/HealthCenter/AlcoholDrugPrevention/SupportGroups
- A “closed” Alcoholics Anonymous meeting is at 7:30 p.m. Mondays in Room 384 of the Highland Park United Methodist Church. An “open” AA meeting is at 6 p.m. Thursdays in Room 385. www.aadallas.org

Education and prevention

- Training for Intervention Procedures (TIPS) helps students take a leading role in the effort to prevent intoxication, alcohol misuse and drunk driving. 214-768-2393; smu.edu/StudentAffairs/HealthCenter/HealthEducation/
- Mustangs Who Care is a student-led program that encourages students to be responsible in social settings. 214-768-2393; smu.edu/StudentAffairs/HealthCenter/HealthEducation/

Learn more at smu.edu/LiveResponsibly.